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| Step 7—Humbly asked God to remove our shortcomings  7A--Humility | |
| Humility is different from being humiliated or shamed.  Humility: a modest or low view of one’s own importance: humbleness: Open to learning (scott) | |
| By working this program, what have I learned about humility so far? |  |
| What do I not like about the experience of learning humility? |  |
| What have I found out about being humble that helps me to not just stop acting out, but to get and remain sober? |  |
| How is adding humility to my life improving my character? |  |
| How are honesty, tolerance, love of my fellow human beings and my higher power entering into my life? |  |
| What does it mean for me to seek God’s will in my life? |  |